

Abusive Partner Intervention Program for Intimate Violence (APIP)

Dignity & Respect Curriculum – for Male Identified Participants | Choosing Between the 16-Week and 26-Week Tracks

What Is APIP?

A trauma-informed, evidence-based program addressing intimate partner violence (IPV) through education, empowerment, and accountability. Developed with the Center for Justice Innovation (CJI), APIP aims to reduce recidivism while building healthier relationships. Both tracks use the Dignity and Respect and Turning Points curricula and address four areas of change: self, intimate partner relationships, family, and community.

Why This Matters?

- Trauma-informed, not punitive — designed to build skills, not just impose sanctions.
- Evidence-based curricula with a defined, four-domain structure (26-week) or a streamlined core curriculum (16-week).
- Choice of track can affect time commitment, completion likelihood, and depth of programming — all relevant to sentencing/disposition discussions.

16-Week vs. 26-Week: At a Glance

Feature	16-Week Curriculum	26-Week Curriculum
Length	16-week sessions	26-week sessions
Structure	One continuous sequence	Four domains: Orientation, Self, Relationships, Family, Community
Pace	Faster; combines several concepts per session	More gradual; concepts spread across multiple sessions with more practice
Repetition	Less repetition	Intentional repetition/reinforcement of grounding & regulation skills
Family/Parenting	Not addressed as a distinct topic	Dedicated Family domain (3 sessions); nonviolent parenting focus
Community/Culture	Brief coverage of support networks/resources	Expanded: cultural values, social location, healthy manhood commitment
Relationship Topics	Core topics: history, communication, reparative framework, respect letter	Core topics plus personal boundaries, sexual consent, positive self-image

Decision Guide: Which Track Fits the Participant?

Consider 16-Week When...	Consider 26-Week When...
• Participant has significant scheduling barriers (work, childcare, transportation) • A shorter case timeline favors faster program completion • Reduced duration may improve odds of full completion • Participant's needs are primarily addressed by core IPV concepts	• Participant has parenting/caregiving responsibilities (Family domain) • Greater depth, repetition, and practice would benefit the participant • Case involves community, cultural, or identity-related dynamics • More time is available and completion risk is otherwise low

Service Providers

Provider	Service Area	Phone Number
Empower Assist Care	Brooklyn, Staten Island	BK: 718-237-9404 SI: 718-727-9722
The Fortune Society	Manhattan, Queens	MN & QNS: 347-683-9567
The Osborne Association	Bronx	BX: 917-890-2733

What the 26-Week Track Adds, By Domain

The 26-week curriculum is organized into five developmental stages rather than one continuous list of sessions.

Orientation (8 sessions)

Establishes emotional regulation and communication before relationship work begins.

- Dignity & Respect · Active Listening · Feedback · Grounding · Understanding Our Choices · Hope

Self (5 sessions)

Goes beyond the 16-week version's coverage of limiting beliefs to explore why they develop.

- Resilience · Cookie Jar Grounding Technique · Identifying & Investigating Limiting Beliefs · Beliefs that Lead to Dignity & Respect · Why We Do What We Do · Self-Care Strategies

Relationships (4 sessions)

Both tracks cover relationship/abuse history, communication skills, the reparative framework, and a respect letter. The 26-week track adds:

- Personal Boundaries · Sexual Consent · Relaxation for Positive Self-Image

Family (3 sessions) — not in the 16-week track

Designed for participants who are parents or caregivers; emphasizes nonviolent parenting.

- Physical Grounding · Protective Factors · Gestures of Healing · Steps of Positive Discipline

Community (4 sessions)

Broadens the focus from individual behavior to social and cultural influences.

- Cultural Values · Understanding Social Location · Healthy Manhood Commitment · Community Support Network · Community Resources

 Clinical Appropriateness Notice

Track placement requires clinical appropriateness determination by the APIP program, assessed at the initial evaluation and subject to ongoing review based on the participant’s engagement, compliance, and clinical needs throughout treatment.

This bench card summarizes APIP program materials for quick reference. It is not legal advice and does not substitute for reviewing full program documentation or consulting with the assigned service provider about a specific participant's eligibility or fit.